



Irving Recreation Center Camp Challenge Newsletter

Summer 2011

Week 5 (June 27— July 1)

IMPORTANT REMINDERS:

- Our camp rules are “Be safe. Be respectful. Be responsible.”
- Pack a sack lunch for your child. Microwave use will not be an option.
- Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.
- Leave valuables at home (including money, portable video games, etc.)
- Label your sunscreen with your camper’s name.
- Do not hesitate to ask when you have questions or comments.



EXPRESSION AND CREATIVITY WEEK

This week our focus will be to giving campers a variety of opportunities to express themselves through craft and inactive games. Our main theme activity for this week will be challenging campers to make Goldberg Machines. These are machines that start with one action and create a series of reactions.

THIS WEEK’S HIGHLIGHTS

Monday

Health Rocks and Tennis Day!

In the morning campers will be doing tennis and other active games outside. In the afternoon campers will be doing our health rocks program along with our first theme activity of the week.

Tuesday

Tennis and Swimming Day!

In the morning campers will start out with a small group craft challenge. After they will do tennis and then go swimming from 11:30-1:00. In the afternoon campers will play active games outdoors and make fuse bead projects.

Wednesday

Theme activity and Disc Golf Day!

In the morning campers will be making Goldberg machines in small groups. In the afternoon we will do disc golf and a remake of Who’s Line is it Anyway?

Thursday

Swimming and Fitness Test Day!

In the morning campers will start out by doing an inactive game and then they will do our fitness test of the week. Afterwards they will go swimming from 11:30-1:00. In the afternoon campers will be playing active games outdoors.

Friday

Paint Yourself Silly Field Trip!

In the morning campers will be going to Paint Yourself Silly where they will each make their own plaque. We will be leaving our center at 10:00am and be returning at 12:00pm. In the afternoon campers will watch our movie for the week, and play our camper choice game of the week.

Fitness Focus: Muscular Endurance

PAYMENT REMINDER

Payment for Weeks 5—8 (June 27—July 22) is **due Friday, July 1**. Irving Recreation Center accepts cash, check, and credit/debit card payments.

